

# AYA Lunch

October 2021

There are no credits and lunches are nonrefundable

\*School Lunches **DO NOT** include any nut products, however some Non School Meals with nuts are prepared in the kitchen\*



Monday		Tuesday		Wednesday		Thursday		Friday	
								1	<b>Beef Kebobs</b> Pita Bread Middle East Rice Hummus Fresh Fruit
4	<b>BBQ Chicken</b> Roasted/Potato Cole Slaw Fresh Fruit	5	<b>Mac &amp; Cheese</b> Sautéed Zucchini & Squash Garlic Bread Salad: Cucumber, Tomatoes, Carrots, Corn Ranch Dressing	6	<b>Hot Dogs</b> French Fries Corn On the Cob Fresh Fruit	7	<b>Cheese Quesadillas</b> Refried Beans Mexican Rice Salsa, Sour Cream Salad: Cucumber, Tomatoes, Carrots, Corn Ranch Dressing	8	<b>Chicken Schnitzel</b> Middle East Rice Israeli Salad Fruit of the day
11	<b>NO SCHOOL</b>	12	<b>Fettuccini Alfredo</b> Zucchini & Squash Garlic Bread Salad: Cucumber, Tomatoes, Carrots, Corn Italian Dressing	13	<b>Chicken Fingers</b> French Fries Peas and Carrots Fresh Fruit	14	<b>Grilled Cheese</b> Tuna Salad Tomato Basil Soup Salad: Cucumber, Tomatoes, Carrots, Corn Ranch Dressing	15	<b>Meat Balls</b> White Rice Green Beans Fruit of the day
18	<b>Spaghetti with Meat Sauce</b> Green Beans Garlic Bread Fresh Fruit	19	<b>Baked Potato Lentil Soup Tuna</b> Salad: Cucumber, Tomatoes, Carrots, Corn Ranch Dressing	20	<b>Hamburger</b> French Fries Pickles, Onions, Tomato & Lettuce Corn on the Cob Fresh Fruit	21	<b>House Cheese Pizza</b> Sautéed Broccoli Salad: Cucumber, Tomatoes, Carrots, Corn Ranch Dressing	22	<b>KFC Kosher Fried Chicken</b> Mashed Potato Gravy Coleslaw Fresh Fruit
25	<b>Beef Tacos</b> Taco Shell Mexican Rice Beans, Tomatoes Shredded Lettuce Fruit of the Day	26	<b>Lasagna Rolls</b> Broccoli Garlic Bread Salad: Cucumber, Tomatoes, Carrots, Corn Italian Dressing	27	<b>Hot Dogs</b> French Fries Corn Fresh Fruit  <b>NO SCHOOL K-12</b> <b>Pre School lunch only</b>	28	<b>Breakfast Tacos</b> Homestyle Potatoes Vanilla Yogurt Granola Fresh Fruit	29	<b>Sweet and Sour Chicken</b> White Rice Sautéed Broccoli Fresh Fruit